

"Social-Emotional Learning Calendar



Monday

It is important for families and educators to help children develop positive attitudes about race and diversity. There are many ways adults can help children celebrate diversity and understand the importance of treating all people with kindness, compassion, and respect.

- Acknowledge similarities and differences among people, and discuss why diversity contributes to the strength and richness of our communities.
- Model acceptance and appreciation of differences through your words and actions.
- Seek out information about different cultures, especially those represented in your own community.
- If your child asks about what is going on in the world right now, use age-appropriate resources to provide factual information.
- Use toys and learning materials that reflect diversity to teach your child about multiculturalism and inclusion.

We value and appreciate our families! While we may not be together in the classroom, we are committed to providing equitable learning opportunities to all children to help them achieve their full potential.

Tuesday

For some families, talking about race is a regular part of everyday life. Other families may find it more difficult to start these conversations. To introduce the concept of racial diversity to your child in very basic terms, consider reading this simple social story for early learners.

Help your child identify individuals of diverse backgrounds that hold a positive place in his or her life. Talk about the characteristics your child has in common with the people he or she identifies.

Thursday

Children are naturally curious about the physical differences among people. It is common for children to make innocent comments describing these differences. Do not dismiss or overreact to these comments. By ignoring them, you may be sending the message that it is not acceptable to talk about differences such as race. Instead, respond in a positive, straightforward way.

Here are some tips for talking to your child about race.

Wednesday

Children's books are effective tools for engaging in conversations about diversity. Books help children learn about the experiences and perspectives of individuals that may be different from their own and can help children develop open minds and open hearts. Consider co-viewing these storybook read alouds with your child emphasizing the benefits of diversity.

- All Are Welcome
- We're Different, We're the Same

Friday

Help your child appreciate diversity through art. Give your child a piece of paper. Allow him or her to pick a crayon. Ask your child to draw a picture using that one crayon. Next, give your child more paper and the full box of crayons. Ask your child to draw another picture using as many colors as desired. When finished, ask, "Which picture do you like best? Why?" Most will choose the picture drawn using the whole box of crayons. Afterward, consider co-viewing the storybook read aloud The Crayon Box That Talked.

(Adapted from www.Tolerance.org).